

1 March – 1 June 2012



Public consultation

Have your say

on our plans to become
an NHS Foundation Trust



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Ros Tolcher

Dr Ros Tolcher
Chief Executive



Alistair Stokes

Alistair Stokes
Chairman

Solent NHS Trust is applying to become an NHS Foundation Trust from April 2013. We believe that becoming a Foundation Trust will bring important benefits to the communities we serve. By becoming an NHS Foundation Trust, we will be able to be more innovative and provide even better services to our patients. We will also have more control over our finances which will allow us to re-invest back into our services.

As a Foundation Trust, we will have a membership and a Council of Governors. This means that the public, patients, carers and staff will be able to shape the organisation and have even more of an influence in the way it is run.

This consultation document explains to you about the benefits of becoming a Foundation Trust. It also shares our plans for the next five years, our governance and membership proposals and it lets you know how you can get involved with your local community and mental health trust.

The consultation asks you questions which cover three areas:

- Our vision and future plans
- Our membership
- Our Council of Governors

We welcome your views. They will have shape the future of the Trust.

We also invite you to become a member, and possibly a Governor, of our Trust and have a greater say in how we run, and in how our services are provided.

Your views on our proposals will form part of our application to become an NHS Foundation Trust. Please have your say before 5 June 2012 by:

- filling in the form at the end of the document
- visiting our website and filling in our online form at www.solent.nhs.uk
- phoning us
- writing us a letter.

We would very much like to meet with you at one of our consultation events, details of these are at the back of the document.

Thank you for taking the time to read our proposals. We look forward to receiving your comments.

Welcome



About Solent NHS Trust

- We were established as an NHS Trust on 1 April 2011.
- We are the main provider of community services to the cities of Portsmouth and Southampton and to parts of Hampshire.
- We are the main provider of mental health services to people living in Portsmouth.
- We work from over 100 clinical sites spread across the areas we serve.
- We employ over 3,500 staff
- We have an income of more than £175 million.
- We have over 1.5 million patient contacts each year.

Our services

We provide the following services across Southampton, Portsmouth and Hampshire.

Services	Provided predominantly to:		
	Portsmouth	Southampton	Hampshire
Adult Mental Health			
Adult Mental Health	•		
Neurological Inpatient Rehabilitation	•	•	•
Eating Disorders Service	•		
Chronic Fatigue Service	•		
Psychology / Psychological Therapies	•		•
Older Persons Mental Health Services	•		
Learning Disabilities (LD)	•		•
Children and Families			
Audiology and Newborn Hearing		•	•
Child and Adolescent Mental Health (CAMHS)	•	•	
Community Paediatric Medical Service	•	•	•
Community Children's Nursing Service	•	•	•
Children with LD Units		•	•
Health Visitors	•	•	
School Nurses	•	•	
Enuresis and Encopresis		•	•
Occupational Therapy (Paediatrics)	•	•	•
Physiotherapy (Paediatrics)	•	•	•
Child Clinical Psychology	•	•	•
Sleep Service	•	•	•
Speech and Language Therapy	•	•	•

Services	Provided predominantly to:		
	Portsmouth	Southampton	Hampshire
Sexual Health Services			
Sexual Health Services	•	•	•
Inscape and Southampton Gay Men's Health Promotion Service	•	•	•
Treetops Sexual Assault Referral Centre (SARC)	•	•	•
Primary Health Care Services			
GP Out of Hours	•	•	•
Dental Services		•	•
Endoscopy		•	
Nicholstown GP Surgery		•	
Adelaide GP Surgery		•	
John Pounds Medical Centre	•		
Paulsgrove and Wymering Healthy Living Centre	•		
Offender Health (HMP Kingston, HMP Winchester, IRC Haslar)			•
Homeless Healthcare		•	
Patient Contact Centre (Choose and Book)	•		•
Walk-in Centre		•	
Minor Injuries Unit		•	•

Services	Provided predominantly to:		
	Portsmouth	Southampton	Hampshire
Health Promotion			
Health Promotion Services		•	
Stop Smoking Services	•	•	
Promoting Independence/Care Closer to Home			
Community Equipment Service	•	•	
Community/ District Nursing (inc. Community Matrons, Continence and Stoma)	•	•	
Safeguarding Adults	•	•	
Specialist Palliative Care	•	•	
Continuing Care / End of Life Care (Jubilee House)	•		
Intermediate Care and Rapid Response	•	•	
Inpatient Rehabilitation Units			
Spinnaker, Rembrandt and Royal South Hants Hospital	•	•	
Stroke Rehabilitation Unit		•	•
Occupational Therapy (Adults)	•	•	•
Physiotherapy (Adults)	•	•	
Podiatry	•	•	•
Cardiac Nurses (inc Rehabilitation)		•	
Diabetes		•	
Substance Misuse Services	•		•

What do we do?

Our role is to provide community and mental health services to local people.

We work with families to help children have the best start in life and provide community support when children are unwell and need extra help.

We work with adults and older people with physical or mental health problems and provide care in the community.

By working together with GPs and social services, we can bring services together to help people manage their condition better, to stop it getting worse and to help keep people at home.

We also promote health and well being. Our screening and health promotion services support people to lead a healthy lifestyle.

As part of the NHS family, we work closely with other Trusts to make sure that service users get the best possible care.



About Foundation Trusts

Four good reasons to become an NHS Foundation Trust

What is a Foundation Trust?

A Foundation Trust:

- is part of the NHS
- is answerable to local people who can become members and Governors, they will have even more of a say in how we do things
- has more freedom to provide services which meet the needs of local people
- still has to meet national standards for things like cleanliness and the patient environment
- is overseen by a national body called Monitor who can intervene if they think that rules are not being followed
- has more financial freedoms, and can keep money to invest back into services.

Why an NHS Foundation Trust?

1) Membership

NHS Foundation Trusts are membership organisations. People like you can join as a member and help shape the future of our Trust and our services.

By joining as a member, you can get involved as much or as little as you would like. Find out more about membership on page 21 of this document.

2) Services where staff are even more involved

Staff will have even more opportunity to get involved in the direction of the Trust. For the first time, staff will be able to stand for election as a staff governor.

3) More opportunity for services to innovate

Our staff, patients, services users and carers often know how we can make our services even better.

Whilst we have clear targets which we have to meet, becoming a Foundation Trust will give us even more opportunity to innovate and introduce new things to provide the best services we can.

4) More financial freedoms

As an NHS Trust we will have more financial freedom. This means that we will be able to make a surplus and re-invest this back into our services to benefit local people.

Our vision and values

These are the things which help us get to where we want to be. Our vision... where we see ourselves in the next 5 years. Our values... how we will behave.

Our vision - To lead the way in local care.

Our values



Our plans

Our Foundation Trust application includes a five year business plan, called the Integrated Business Plan (IBP). The IBP describes our vision for the Trust and health services in the local area. It also outlines our objectives and how we will achieve them.

Our future plans

We want to develop our services so that they meet the needs of local people.

We plan to provide more and more services in the community so that people can increasingly receive their care in or close to home.

We will work with family doctors, social services, and with our patients and their families to provide home based, reliable services, 24 hours a day, 7 days a week. We will also work with other NHS Trusts/Foundation Trusts so that service users who move between organisations as part of their care pathway, have a good experience

With improved community care, our proposals will help patients with the most complex medical and social needs remain in their own home – keeping even more people out of hospital.

Quality promise

Our quality promise ensures that:

- services are safe
- people have a good experience of our services
- we use best practice to ensure better outcomes for our patients
- we meet national standards.

A patient-led organisation

Meaningful patient and public involvement is key to the success of the Trust. We will ensure that we continue to engage and involve our patients, carers, partners and wider stakeholders in the delivery and design of our services.

We will:

- raise awareness of our services and the work of the Trust
- create opportunities for involvement
- support and empower patients
- improve information resources.

How will we get there? Our vision is supported by three strategic objectives. These are based on what our partners, patients, staff and Commissioners tell us what they would like us to do.

Objective 1:

To provide services which enable improved health outcomes with particular focus on areas of known health inequality.

We will provide services which will help improve health care outcomes for everyone especially for those suffering deprivation and health inequalities.

Ways in which we will achieve this include:

- Supporting people to stop smoking.
- Encouraging mums to breast feed.
- Helping substance misuse patients stay drug free.
- Helping patients get back into employment.
- Helping people to manage their own health problems, sometimes using technology in the home.
- Putting services into people's homes to prevent them going into hospital when they don't need to.

Objective 2:

To deliver care pathways that are integrated with local authorities, primary care and other providers.

We will provide services, with family doctors, which address both health and social care needs.

Ways in which we will achieve this include:

- Creating multi-disciplinary teams of health and social care staff, which can provide for all of the patient's needs.
- Identifying people who need special support in the community with complex conditions, such as diabetes or heart or lung problems. By intervening early we will be able to keep people well for longer and stop their illness getting out of control.
- Ensuring our teams have specialist skills so that even complex care can be provided at home.
- Ensuring all of our services can be easily accessed through a single phone number and ensuring that we can respond to urgent needs quickly, within one to two hours
- Sharing records of care between different health professionals and working collaboratively with other local NHS providers.

Objective 3:

To maintain profitability in core business by offering best value alternatives to acute hospital admissions.

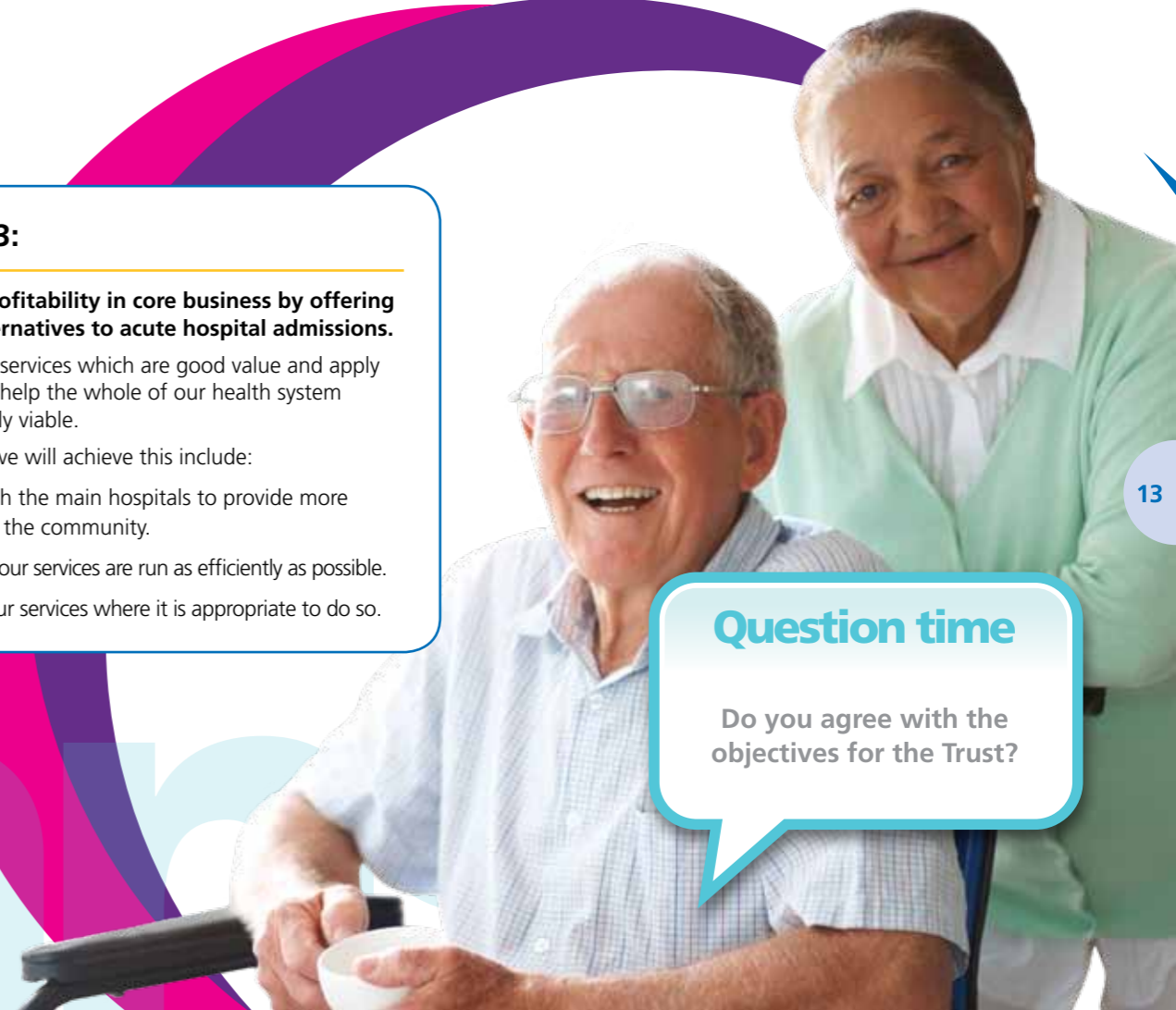
We will provide services which are good value and apply best practice to help the whole of our health system remain financially viable.

Ways in which we will achieve this include:

- Working with the main hospitals to provide more services into the community.
- Making sure our services are run as efficiently as possible.
- Expanding our services where it is appropriate to do so.

Question time

Do you agree with the objectives for the Trust?



How will the Trust be run?

If we become a Foundation Trust, the way we run will change. Our governance, which describes how the Trust will operate, will have three main strands:

- 1) Membership
- 2) Council of Governors
- 3) Board of Directors

Membership

By becoming a Foundation Trust we will be accountable to our public and the local communities we serve through membership. We will have greater freedom and flexibility to determine how to deliver services which meet local priorities and deliver our aims. Through membership, we will listen to your views and opinions which will help influence decisions and the Trust's future.

Members will be able to elect a Council of Governors. The Council of Governors will advise our Board on how we should provide and improve services. This will be achieved by ensuring the views of local people (members) are taken into consideration when decisions about healthcare are made.

Members can:

- have a say in what we do
- help shape our future plans for services and the Trust
- receive the quarterly newsletter 'Shine for members'
- be involved in focus groups or surveys about our services
- be invited to events and health talks
- elect Governors to represent their views
- stand for election as a Governor
- be involved as much or as little as they wish.

Our aim is to recruit a diverse membership which is representative of the communities we serve.

Our targets for membership are:

- 7,850 members by April 2013
- 10,050 members by 2014

Who can become a member?

Membership is open to anyone over the aged of 14 living in Hampshire, Southampton or Portsmouth. We have chosen this lower age limit as we provide services to younger patients and want to ensure we have representation from this age group.

Our proposal is to have two membership constituencies:

1) Public constituency

The public constituency will consist of three distinct constituencies (people who live in the areas of):

- Portsmouth City
- Southampton City
- Hampshire

2) Staff constituency

All members of staff who have worked for the Trust for 12 months or more have been opted into staff membership, unless they have chosen to opt out. We will be inviting all bank staff and seconded staff to become a member.

We will ask honorary staff, agency staff, and volunteers to become public members.

It is proposed that the staff category be subdivided into geographical constituencies. The three staff constituencies will be:

1. Staff predominantly based in Portsmouth
2. Staff predominantly based in Southampton
3. Staff whose focus is in Hampshire

Question time

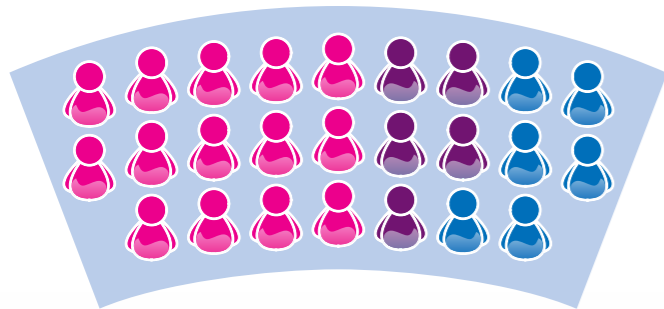
Do you agree with the proposed public constituencies – do you think that they are representative of the communities we serve?

Question time

Do you agree that people who are aged 14 should be able to become a member?

Governors

The Council of Governors will be made up of people elected by our members to represent their views and by a number of appointed Governors from partner organisations.




14 Public Governors


Southampton 


Portsmouth 

Hampshire 


5 Staff Governors


Staff predominantly based in Southampton 


Staff predominantly based in Portsmouth 


Staff predominantly based in Hampshire 


6 Proposed Appointed Governors


Southampton City Council 

Portsmouth City Council 

Hampshire County Council 

Southampton CCG 

Portsmouth CCG 

University TBC 



We propose to have a Council of Governors with 25 members. These include:

- 14 elected public Governors who represent the geographical areas elected by the public including:
 - 5 public Governors from the Southampton constituency
 - 5 public Governors from the Portsmouth constituency
 - 4 public Governors from the Hampshire constituency
- 5 staff Governors who represent the geographical areas elected by staff members, including:
 - 2 staff Governors from the Southampton staff constituency
 - 2 staff Governors from the Portsmouth staff constituency
 - 1 staff Governors from the Hampshire staff constituency
- 6 non-elected Governors who will be appointed from partner organisations including:
 - Southampton City Council
 - Portsmouth City Council

- Hampshire County Council
- Southampton Clinical Commissioning Group
- Portsmouth Clinical Commissioning Group
- University TBC

The Council of Governors will:

- appoint (or remove) the Trust's Chair and the Non-Executive Directors
- approve the appointment of the Trust's Chief Executive
- appoint the Trust's external auditors
- agree the salaries of Non-Executive Directors and the Chair
- receive the annual reports and accounts
- advise the Board and represent members views about the strategic direction of the Trust
- represent the views of members
- help develop the Trust's membership strategy and help the Trust to recruit members.

The Governor's role does not include managing the day-to-day business of the Trust. This responsibility remains with the Board of Directors who ensure that the Council of Governors is fully involved in the future plans of the Trust.

Governor elections

Governors are elected through TBC , with the exception of appointed Governors. Elections will be held every three years unless the seat is uncontested in which case they will be held every two years. The electoral process will be carried out by a professional electoral company.

Question time

Do you agree with our proposals for the Council of Governors?

Board of Directors

All NHS Trusts are required to have a Board of Directors. The Board will always have a majority of non-executive directors.

The Board of Directors will include:

- a (non executive) chairman
- 5 non-executive directors
- 5 executive directors including: the Chief Executive, finance director, a registered medical practitioner or a registered dentist, and a registered nurse or midwife.

The Board of Directors is the accountable body for the running of the Trust. The day to day business of the Trust will remain the responsibility of the Board of Directors.





Have your say?

We would like to hear what you think of our plans to become a Foundation Trust. Your feedback will form part of our application to the Secretary of State for Health.

You have until Tuesday 5 June 2012 to tell us what you think. You can share your thoughts by:

- visiting our website at www.solent.nhs.uk/ft and filling in our online feedback form
- completing the feedback form attached to the back of this form and sending it back to us at the Freepost address provided – no stamp needed.
- emailing us at communications@solent.nhs.uk

Want to know more?

We have arranged a number of events where you can speak with us in person about our proposals.

<include event details>

DETAILS NEEDED

Community groups

If you are a member of a community group and would like us to come and speak to your group about our plans please either email us at communications@solent.nhs.uk or call 023 8060 8937. We would be happy to come and talk with you.

What happens next?

Once our consultation has ended (5 June 2012) we will review all the comments we receive. We will use your comments to refine our Foundation Trust application. We may not be able to make all the changes suggested by people but we will consider every response with an open mind.

We will prepare a summary document containing all the responses received and the changes we have made to our plans as a result of the comments received. The document will be viewable on our website or you can request a copy of the document from the Communications Team on 023 8060 8935.

Tell us what you think

We would like to know what you think about our proposals to become a Foundation Trust. Please share your views by completing this form and sending it back to us XXXXXXXXXXXXXXXXXXXX. You do not need to attach a stamp. Please respond by Tuesday 5 June 2012.

Do you agree with the objectives for the Trust?

Do you agree with the proposed public constituencies – do you think that they are representative of the communities we serve?

Do you agree that people who are aged 14 should be able to become a member?

Do you agree with our proposals for the Council of Governors?

Personal details

Are you Patient Resident Member of Staff Partner organisation Other

Name

Address

Telephone

Email

Member Yes/No If you are not a member would you like to become one?

Become a member

Have your say about local health matters by becoming a member of our Trust.

Membership provides even more opportunities for the local community, patients, staff and partners to get involved in our work, share experiences and have a much bigger say in the way the local health services are run.

You can decide how involved you would like to be. You might choose to receive updates, you might like to comment on our plans and take part in events. Alternatively, you may consider standing for election as a Governor. The choice is yours!

The larger and more involved our membership is, and the more closely it reflects the different communities we treat

as patients, the better. We aim to deliver the best in care and make improvements based on what you say. We need as many interested people as possible to join us – and we'd love you to be one of them.

You must be at least 14 years old to become a member.

Join us today

it's quick and easy and it won't cost you a penny.

To join either:

- complete the form attached to this document and pop in the post to XXXXXX (no stamp needed)
- fill in our online form at www.solent.nhs.uk/membership



 sign up today

Become a member using this form

You must be at least 16 years old.

Section 1: Your contact details

Title (e.g Mr, Mrs, Miss, Ms, Dr): _____

*These fields are mandatory

 *First name: _____

*Surname: _____

Gender: Male Female

Date of birth: ____ / ____ / ____ DD/MM/YYYY

 Email address: _____

(Where possible we ask you to provide an email address as this is the quickest, easiest and most cost effective way to communicate with you.)

 *Address: _____

*Postcode: _____

 Home telephone no: _____

 Mobile telephone no: _____

Do you have any special information requirements?

 Audio tapes  Large print  Braille Other

(please state) _____

Section 2: About you

This section is optional, however it will help us to build a membership that is representative of the community we serve.

Ethnicity

- | | |
|--------------------------------------------------|-----------------------------------------------------------|
| <input type="checkbox"/> White British | <input type="checkbox"/> Bangladeshi |
| <input type="checkbox"/> White Irish | <input type="checkbox"/> Pakistani |
| <input type="checkbox"/> White Other | <input type="checkbox"/> Asian or Asian British Other |
| <input type="checkbox"/> White & Black Caribbean | <input type="checkbox"/> Caribbean |
| <input type="checkbox"/> White & Black African | <input type="checkbox"/> African |
| <input type="checkbox"/> White & Asian | <input type="checkbox"/> Black or Black British Other |
| <input type="checkbox"/> Mixed Other | <input type="checkbox"/> I would rather not disclose this |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Any other ethnic group |
| <input type="checkbox"/> Indian | Please specify _____ |

Disability

By knowing your disabilities or special needs, we can communicate with you better.

Would you describe yourself as having:

- | | |
|-----------------------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> A sensory disability | <input type="checkbox"/> A mental health problem |
| <input type="checkbox"/> A physical disability | <input type="checkbox"/> A learning disability |
| <input type="checkbox"/> Other (please state) _____ | |

Section 3: Your membership

Please let us know what level of involvement you would like in the Trust?

Connection with the Trust

- Public
- Patient / service user / carer. Please tell us which service you have had contact with?
- Member of staff
- A former member of staff
- Member of a community group If so, which?

I would like to: (tick all that apply)

- Receive regular information about the services provided by the Trust and be invited to meetings
- Respond to consultations and suggestions for changes
- Be invited to workshops and focus groups
- Become a governor

Which of our services are you interested in finding out more about? (tick all that apply)

- Care of the elderly
- Child and family services
- Long term health problems
- Adult services
- Mental health services
- Learning disability services
- General Trust information

Section 4: Declaration

I confirm that the information provided on this form is accurate, that I am at least 16 years old and that I have not been:

- involved in the previous five years in an act of assault, violence or harassment against any Trust staff or registered volunteers of the Trust
- convicted of offences against children or vulnerable adults.

Signature: _____

Date: ____ / ____ / ____ DD/MM/YYYY

Section 5: Data Protection and the Public Registers

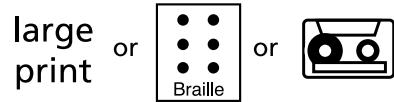
The information on this form will be kept by Solent NHS Trust and only used in connection with membership and public involvement. This is in accordance with the Data Protection Act 1998.

- Please tick this box if you do not want your name to be included on the public register of members.





For a translation of this document,
an interpreter or a version in



please contact Access to Communication

 023 8024 1300

**For an easy read version of this leaflet
please contact the Communications Team on 023 8060 8937.**

www.solent.nhs.uk